

GIORGIA CIAMPI TSOLAKI (she/her)

Performer, Theatre Maker, Researcher, Workshop Leader, Actor Trainer (Intercultural Theatre and Psychophysical Training)

Honorary Fellow – University of Exeter, Communications, Drama and Film

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Lead for Recruitment and International Collaboration – inITlate, ITI Alumni Association (Singapore)

<https://iti.edu.sg/>

Founding Member, Trainer/Facilitator and International Relations Director – Intercultural Performing Arts Company (IPAC) (Gerbamont, France) <https://ipac-cie.com/>

Languages: Italian (native language), English (fluent), French (fluent) and Greek (conversational).

Latest performance (6th September 2025): The Spiral, performed in occasion of the surrealist exhibition at The Box in Plymouth.

Latest publication (8th April 2025): 'As discreet and essential as a heartbeat', *Theatre, Dance and Performance Training*, 16 (1), pp. 143-148.

<https://www.tandfonline.com/doi/full/10.1080/19443927.2025.2445949>

THEATRE MAKING, PERFORMANCES and COMMUNITY TEACHING (key moments)

June – September 2025	The Spiral The Box Plymouth (6 th September) – organised by Soak Live Arts in occasion of a temporary exhibition at The Box: 'Forbidden Territories: 100 Years of Surreal Landscapes' Chowk Studios Singapore (1 st August) – organised by Chowk Productions Barnstaple Theatre Festival (26 th , 27 th , 28 th June)
2 nd and 3 rd 2025	Beyond Form: breath, bones and awareness – an ITI alumni workshop (2 nd and 3 rd August, Singapore)
April/May 2025	R&D development of The Spiral – Theatre Royal Plymouth artist development scheme (Performance 23 rd May)
19 th -30 th March 2025	Still the hours by Claire Doherty , promenade audio performance at Hampton Court palace – Role: Frances Stuart
11 th November 2024	The Spiral (scratch), Barnfield Theatre, Northcott Reclaim Festival (Exeter) – Creator/Performer. Trailer: https://www.youtube.com/watch?v=NOQ5wjYvOBw
July and October 2024	The Spiral, artistic residency – hosted by Llanarth Group, Tyn-y-Parc, Wales.
2022-2024	Psychophysical Training and Wellbeing workshops - Workshop Leader, University of Exeter.
May 2023	Wasteland? - Singer/Performer, Intercultural Performing Arts Company (IPAC), Grand-Est, France.
2019	Kutiyattam/Navarasa Sadhana Worskhop – Workshop co-leader with director Shakeel Ahmmad, IPAC and Spinning Tree Theatre Company (Karnataka, India), Paris, France.

2018-	Intercultural Performing Arts Company – Co-founder , Paris, France
2015/2017	Gilgamesh project , Creator/Actor, CAGE Compagnie, France and Spain tour.
2015/2016	Que votre barbe est bleue – Creator/Actor, Compagnie Canopée, France and Italy tour.
2017	Actor Training workshops in schools – Workshop leader, MOVEO (Barcelona, Spain), College Jules Vernes de Vittel and high schools, Vosges (France).
2016	Actor training workshops for children and teenagers – Centre Alesia, Paris.

ACADEMIC POSITIONS

2023 Mar-Sep	AHRC Postdoctoral Research Fellow – South West and Wales Doctoral Training Partnership, University of Exeter, UK. Mentor: Prof. Rebecca Loukes.
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EDUCATION

2018-2022	PhD (Drama and Philosophy) awarded with no corrections – South, West and Wales Doctoral Training Partnership, University of Exeter and Bath Spa University, UK. Title – <i>Towards enactive affectivity in theatre training and performance: a phenomenological study of the actor's affective embodiment in selected Indian, Japanese and intercultural performance practices.</i> Supervisors – Prof. Rebecca Loukes, Prof. Giovanna Colombetti and Dr. Thomas Kampe. Examiners – Prof. Peta Tait and Dr. Bryan Brown.
2012 – 2014	Intercultural Theatre Institute (ITI) – Professional Diploma in Intercultural Theatre (Acting), Singapore, Singapore.
2011 – 2012	MA Theatre Practice Directing and Actor Training – University of Exeter (First Class).
2008 – 2011	BA Drama – University of Exeter (First Class).
March 2008	IELTS – International English Language Testing System – overall score: 8.0

GRANTS AND AWARDS (RESEARCH AND INDUSTRY)

March 2023	Postdoc Fellowship Award (SWWDTP) – full-time stipend award (£1960 per month) for the duration of the fellowship (6 months).
June 2022	Above and Beyond Award for excellent and inspiring teaching, and careful support for postgraduate students on the MA (£500) – awarded by the Communications, Drama and Film Department at University of Exeter.
Feb 2019	AHRC Research and Culture grant (£1000) – for workshops organisation with the Performance Practices Working Group (PPWG) at the University of Exeter.
Jan 2019	AHRC Student Development Fund (£5115) – awarded by SWWDTP for new skills development including training/fieldwork conducted in India, Singapore and Denmark.
June 2018	GW4 Doctoral Student Training Scheme Award (£1169) – <i>Feeling Research</i> workshop with speakers and participants from across universities (organised with Dr Kate Massey Chase and Dr Chloe Bradwell).
March 2018	AHRC SWWDTP scholarship: full-time stipend award (£14,777 per annum) and tuition fee award (£4,260 per annum).
14th-22nd July 2017	International Theatre Institute (UNESCO) award – Travel expenses and accommodation grant for emerging artists, ITI World Congress in Segovia.

March-May 2017 **Spedidam France: Creation and Broadcast of Live Performance** (17550 €) – for the performance *Ō, Les Aventures prodigieuses d'un grand homme qui ne voulait pas mourir* performed at La Seca Espai Brossa (Barcelona, Spain) and at Les Déchargeurs (Paris, France) in September 2017.

PUBLICATIONS

Published / in press:

- Ciampi Tsolaki, G., Wierzbowski, T. and Kotecka, A. (2025) 'A "sense of polyphony": making sense of the harmonic environment in VoiceLAB's pedagogical vocal practice', *Journal for Interdisciplinary Voice Studies* (in press).
- Ciampi Tsolaki, G. (2025) "'As discreet and essential as a heartbeat": Meditations on the power of gentleness in Phillip Zarrilli's psychophysical training, an imagined dialogue with Phillip Zarrilli and Anne Dufourmantelle', *Theatre, Dance and Performance Training*, 16 (1), pp. 143-148.
- Ciampi Tsolaki, G. (2024) 'Repertoire and pedagogical transmission of Asian "traditional forms" at the Intercultural Theatre Institute of Singapore', *Performance Research*, Special Issue 'On Repertoire': 29 (1), pp. 95-103.* <https://doi.org/10.1080/13528165.2024.2408121>
- Ciampi, G. and Colombetti, G. (2024) 'Enacting affectivity: the psychophysical training of śṛṅgāra in Gopal Venu's Navarasa Sādhana' in Vial-Kayser (ed.) *Art et Experience Corporelle*, Paris: Vernon Press, pp. 181-208, 569-589 (bilingual in French and English).
- Ciampi Tsolaki, G. (2019) 'Actor Training at the Intercultural Theatre Institute of Singapore' in T. Sasitharan, Phillip Zarrilli & Anuradha Kapur (eds) *Intercultural Actor and Actor/Performer Training*, London: Routledge, pp. 340-361. <https://doi.org/10.1080/19443927.2016.1217267>

Submitted:

- Ciampi Tsolaki, G. 'Care-Full Embodiment in Zarrilli's Psychophysical Training' in O'Reilly, Clarke and Jamieson (eds.) *Encounters with Phillip Zarrilli*, London: Routledge.
- Ciampi Tsolaki, G., Wierzbowski, T. and Kotecka, A. 'A sense of polyphony: intersubjective affectivity in VoiceLab's pedagogical practice', *Journal of Interdisciplinary Voice Studies* (under review).
- Ciampi Tsolaki, G. (2025) 'Towards practicing love and gentleness through intercultural theatre education', in *Coils of the Serpent: Journal for the Study of Contemporary Power*, Special Issue: 'Loving to Unlearn'.

MAIN CONFERENCE TALKS AND WORK DEMONSTRATIONS

9 th – 13 th June 2025	'Ekstasis as eksistence: the self-forgetful embodiment of wonder and awe in intercultural theatre training' – Performance/Lecture given at the International Federation for Theatre Research (IFTR) Annual Conference 2025: <i>Performing Carnival: ecstasy, subversion and metamorphosis</i> (Cologne, Germany).
November 2023	'Mixing the ingredients' and 'creating the moon': the actor's affective practice in Kutiyattam and Noh Theatre Participatory lecture demonstration: <i>Asian Intercultural Conference</i> , Singapore.
March 2021	The psychophysical practice of the affective state of śṛṅgāra International webinar: <i>Navarasa Suvarna Mudra</i> , Kerala, India.
October 2019	Practicing affectivity: eye training and embodied imagination in the practice of Navarasa Sadhana <i>Embodied Learning Symposium</i> , Bath Spa University, UK.
September 2019	Eye training, embodied imagination and microphenomenology <i>Theatre and Performance Research Association</i> , Exeter, UK.

October 2018	Alternative modes of interculturalism European Association for the Study of Theatre and Performance, Paris, France.
September 2018	Affectivity, Identity and Character in Performer training <i>Theatre and Performance Research Association</i> , Aberystwyth, UK.
July 2018	Fragmentation, Identity and Character in Performer training <i>Practicing Research: Researching Practice</i> , Society for Theatre Research, King's College, London, UK.
May 2018	Othering myself: a life-long process of disentangling my feet from my roots <i>Culture, Creativity and Wellbeing</i> Conference, in collaboration with the University of British Columbia, University of Exeter, UK.

PROFESSIONAL PERFORMANCE TRAINING

30 th Aug – 12 th Sep 2025	Noh Theatre Project UK 2025 – Theatre Nohgaku (Royal Holloway, London)
7 th – 25 th July 2025	Noh Theatre Project Japan 2025 – Theatre Nohgaku (Tokyo)
2023/2024	Polyphony - IPAC Professional Vocal Training (Georgian, Corsican, Ukranian, South Italian polyphony) – Paris.
2022/2023	Mosaïque – IPAC Professional Vocal Training (Georgian and Corsican polyphony, Russian and Armenian monody) – Paris.
2021/2022	VoiceLab – Professional Training in Polyphonic Singing, Grotowski Institute and IPAC, Paris (France) and Warsaw (Poland).
2018-2019	Actor's Atelier – Professional Actor Training, Grotowski Institute and IPAC, Paris (France) and Warsaw (Poland).
Feb-May 2015	La Voie du Corps (The Body's Journey), Professional Actor Training, Leela Alaniz, Compagnie Pas de Dieux, Paris, France.
Jan 2015	Corporeal Mime , Professional Actor Training, Thomas Leabhart, Paris, France.
Jan 2012 - Dec 2014	Intercultural Theatre Institute – 3-year performer training programme (Kutiyattam Theatre, Noh Theatre, Beijing Opera, Wayang Wong Opera)
Aug 2010	Commedia dell'Arte Canovaccio , Professional Actor Training, Antonio Fava, Bologna, Italy.
2009-2011	Psychophysical Training , Phillip Zarrilli, Professional Actor Training, BA and MA Drama, University of Exeter, UK.

UNIVERSITY TEACHING AND ADMIN EXPERIENCE (University of Exeter)

October 2024	Guest practitioner – Kalarippayattu workshops in: Contemporary Performance Practices (MA Theatre Practice)
2022-2024	Occasional Teacher – guest lectures and workshops in: - Contemporary Performance Practices (MA Theatre Practice) - Actor's Body (2nd year undergrad) - Theatre Histories (1st year undergrad) - Performance Analysis (1st year undergrad module)
2021-2022	Teaching Fellow – module convenor Contemporary Performance Practices (MA Theatre Practice)

Responsibilities: designing the module structure/content and assessments (including website); delivering weekly lectures, training and seminars; hosting invited speakers/practitioners; marking practical and written assessments; setting up tutorials, providing constructive feedback and supporting students; supervising students' projects; coordinating work with colleagues and developing strategies as a team to address student concerns.

2018-2023 Postgraduate Teaching Associate – tutor

- Cultural Adaptation (MA Theatre Practice)
- Contemporary Performance Practices (MA Theatre Practice)
- Performance and Interpretation (2nd year undergrad)
- Northcott Production (2nd year undergrad)
- Actor's Body (2nd year undergrad)
- Theatre Histories (1st year undergrad)
- Creative Actor (1st year undergrad)
- Actor Training Introductory Workshops (1st year undergrad)

Responsibilities: delivering practical workshops; leading seminars; addressing student questions and concerns; tutoring; supervising student projects; marking; contributing to extending and diversifying curriculum content.

2018/2019 Drama PGR Rep

Responsibilities: department admin, attending department meetings, liaising between the wider PGR community and the drama department, organising training sessions, skills and researcher development events, creating a sense of collegiality, care and support among PGRs.

ADDITIONAL RESEARCH SKILLS DEVELOPMENT

2018- Research Development (SWW DTP, Exeter University, British Academy):

- Writing a Literature Review
- Introducing the Creative and Cultural Sectors
- Viva Survivor with Nathan Ryder
- Introduction to Publishing Your Research in Journals
- Pitching your PhD skills for creative jobs (Bird & Gorton)
- Interacting with the media/publicizing your research in the media
- Impact for PGRs – thinking about impact at an early stage of your career (Emma Bridges)
- Making Stress Work
- Coaching and mentoring
- Job Interviews

2024 Learning & Teaching in Higher Education for HEA fellowship (in process), University of Exeter

2019 Combining phenomenology and qualitative research, University of Southern Denmark, Odense (Denmark).

2018 Microphenomenology Interview Training, Claire Petitmengin, Paris, France